

The Duke of Edinburgh's Award – Skills and Physical Recreation



Introduction

This is the first edition of this factsheet to coincide with changes resulting from the Award 2000 – The Duke of Edinburgh's Award new programme.

General

This factsheet aims to explore the different options available to young people participating in the Skills and Physical Recreation sections of The Duke of Edinburgh's Award.

Outline Conditions

The time requirements for these sections are:

- ◆ BRONZE – 3 months or 6 months *
- ◆ SILVER – 3 months or 6 months *
- ◆ GOLD – 6 months or 12 months *

* The time requirements for these Sections can be varied according to the level chosen for other sections of the Award.

For direct entrants, an additional six months must be added to the requirements for the starting award.

Involvement is measured in full months, with an expectation of an average involvement of at least one hour per week. There is flexibility as to how the hours are spent within the total time span as long as there is regular involvement throughout.

Suggested Programmes

SKILLS SECTION

There is a list of suggested activities in the Skills Files, but this is not exhaustive. The programmes are for guidance only and are not intended to be a rigid syllabus.

PHYSICAL RECREATION

Participants and leaders may develop their own programme to meet the Award and Section principles or choose from those listed in the Award Handbook. Participants are encouraged to explore and pursue different and exciting initiatives which may be new to the individual or further the pursuit of existing interests. As with any activities, physical recreation programmes must be carried out in accordance with The Scout Association's own rules. Where possible, the targets should be those of National Governing Bodies.

The Process

The period of involvement should start with an initial briefing with an appropriate mentor / instructor / supervisor confirming the nature of the skill/physical recreation and the negotiation and setting of targets. These targets should be reviewed at periodic intervals and adapted accordingly.

At the end of either section, a final review should take place when the participant presents their record of involvement.

Publications Cross Reference

From the Duke of Edinburgh's Award:

- ◆ Award Handbook
- ◆ Skills File